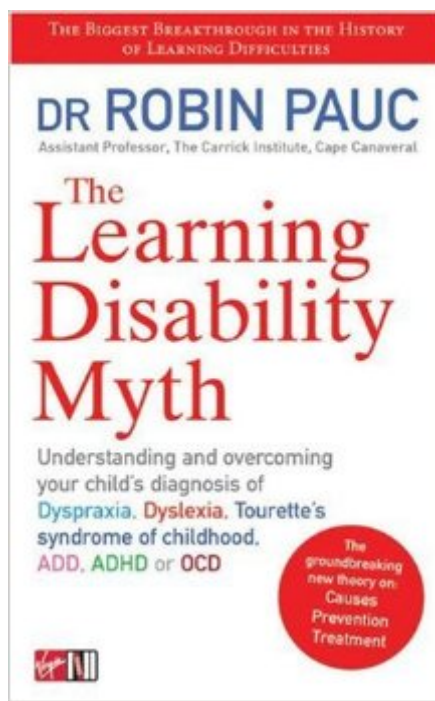


The book was found

# The Learning Disability Myth



## Synopsis

At least one child in five experiences some form of learning difficulty, however, learning difficulties as we understand them do not exist—they are not diseases, just symptoms. These symptoms never appear alone and are treatable and avoidable. Here, an expert in child neurology approaches learning difficulties of childhood—including dyslexia, ADD, OCD, ADHD, dyspraxia and Tourette's syndrome—from a truly groundbreaking perspective. All human babies are born prematurely and develop special, new brain cells four months after birth. Every human's development in the womb and particularly in these early stages of life can, therefore, be affected by developmental delay, which can blight childhood and marginalize a child at school. Since our brains continue to grow, however, the symptoms can also be treated. This book explains the background to human developmental delay and offers advice on how to get the best assessment for your child and an explanation of what the examination must include; the effects—good and bad—of certain foods on the brain; exercises and computer programs that you can use to expand your child's neural function; and case histories of children on whom this plan has worked. In the single biggest breakthrough in the history of learning difficulties, this guide explains the cause of developmental delay syndromes using simple, easy-to-follow tips to show how to greatly reduce the risk of a child suffering from them, and gives advice on what can be done to treat those children that do.

## Book Information

Paperback: 224 pages

Publisher: Virgin Books; 1 edition (June 4, 2010)

Language: English

ISBN-10: 0753511274

ISBN-13: 978-0753511275

Product Dimensions: 5 x 0.6 x 7.5 inches

Shipping Weight: 11.2 ounces

Average Customer Review: 3.8 out of 5 stars See all reviews (9 customer reviews)

Best Sellers Rank: #3,035,532 in Books (See Top 100 in Books) #51 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Tourette Syndrome #444 in Books > Health, Fitness & Dieting > Children's Health > Learning Disorders #1419 in Books > Education & Teaching > Schools & Teaching > Special Education > Learning Disabled

## Customer Reviews

Pauc's "the Learning Disability Myth" is fast, clear and easy to read. Using all the latest neurological research, he cuts through the educational jargon that gives a name to your child's difficulties, but would not get rid of what is actually causing the symptoms. Taking a health history of the child, and looking at the symptoms, he shows how to design an exercise program that will change the function of the brain. Combined with restructuring the connections in the brain he urges providing the chemical support the brain needs by the simple method of changing the child's diet. Unlike most books on the subject which fail to take advantage of the research by neurologists that the brain is plastic, he suggests methods to give your child the best organized brain possible. Pauc lets you know that a label is not a life sentence and that you can help your child.

While I do not agree with all of Pauc's assertions or believe that this is a miracle that can cure every child based on the dubious evidence of a few testimonials, I do believe the exercise and dietary information in this book may be helpful. If you read past the notion of 'cure' and have realistic expectations, you may be pleased to find an approach that moves beyond labeling and symptom management to one that just might make some improvements in the brain function of your child. The theory is that the brain continues to develop and make new connections all the time and that we can have a positive impact on its' function largely with exercises, food and nutritional supplements. I imagine the level and degree of improvement must widely vary from child to child. So while I am wary of those who pedal hope to people who are desperate, I am cautiously optimistic that this book really does have something to offer - improved brain function may not be a 'cure' but I certainly do want my child to have the benefit of it.

We went to visit Dr Pauc after reading this book so he could look at our 8 year old with a moderate to severe tic disorder . We have a lot of respect for alternative medicine and the east meets west approach to the body and healing so have absolutely no problem with Dr Pauc's title (or lack of it as some say). He sees patients from all over the world. We saw every reason to visit and try diet, supplements and exercises before considering traditional medicine which was the only suggestion our neurologist in the US gave us. We really feel we are getting to the root cause of our son's Tourette's and not focusing on only the symptoms. A few months on from our visit with Dr Pauc, and incorporating his advice into all of our lives (diet, the right supplements and specific exercises) our son's tics are 10% of what they used to be. A few months ago he couldn't hold a book or get his coat on and now we rarely see a tic. With Tourette's you never know what is around the corner so we're waiting for longer term results before we breathe easily.

After reading the book , we visited Robin Pauc, We have been following his very simple but very effective diet, supplement plan and daily exercises (less than 10 minutes) for 2 months now. Even though it is too early to comment , we can see success. We are talking about a child with mild specific learning difficulties here. I really support this book and his approach rather than going for western medicine approach. Robin's approach does not include any medicine other than supplements (fish oil and vitamin) and natural diet.he tries to understand root cause and solve it , so it may take time , but it is the solution, rather than quick but temporarily western medicine approach with possible side effects. Since i met him personally I can say he does not run behind money. I really recommend reading this book for any parent, teachers , grand parents.

Excellent book. It is sound and very informative. We have implemented many of his ideas with great success. I recommend highly to anyone with a child suffering from any of the disorders mentioned.

[Download to continue reading...](#)

Learn: Cognitive Psychology - How to Learn, Any Skill or Subject in 21 Days! (Learn, Learning Disability, Learning Games, Learning Techniques, Learning ... Learning, Cognitive Science, Study) Learning: 25 Learning Techniques for Accelerated Learning - Learn Faster by 300%! (Learning, Memory Techniques, Accelerated Learning, Memory, E Learning, ... Learning Techniques, Exam Preparation) The Learning Disability Myth Social Security Disability Law: A Reference for Social Security Disability Claims Disability Incarcerated: Imprisonment and Disability in the United States and Canada VA Disability Claim: A Practical, Step-By-Step Field Manual for Active-Duty Servicemembers and Veterans on How to Prepare, File, Maintain, Win and ... VA Disability Claim Without Going Insane Sagas of the Norsemen: Viking and German Myth (Myth & Mankind , Vol 5, No 20) The E-Myth Dentist (E-Myth Expert) Succeeding as a Student in the STEM Fields with an Invisible Disability: A College Handbook for Science, Technology, Engineering, and Math Students ... or Learning Difficulties and their Families Essentials of Specific Learning Disability Identification Ordinary Families, Special Children, Third Edition: A Systems Approach to Childhood Disability Special Siblings: Growing Up With Someone With a Disability Planning for the Future: Providing a Meaningful Life for a Child With a Disability After Your Death Laying Community Foundations for Your Child with a Disability: How to Establish Relationships That Will Support Your Child After You're Gone Rising UP!: My Recovery from Multiple Sclerosis, Disability and Despair, including Western and Chinese Medicine, Tai Chi, Qigong, diet, neurological exercise, meditation--and much more! Disability, Society, and the Individual The Rejected Body: Feminist Philosophical Reflections

on Disability Theology and Down Syndrome: Reimagining Disability in Late Modernity Long Term  
Disability Top 10 Mistakes A Legal Guide to Growing Older: Planning for Disability, Dementia, &  
Death

[Dmca](#)